

# Rabia Majeed

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## Education

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**PhD, Psychological sciences** 2021 - Present  
University of California, Merced  
Advisor: Dr. Martin Hagger

**MS Clinical Psychology** 2017 - 2019  
Government College University, Pakistan  
CGPA: 3.72  
Thesis Topic: Identity Crisis, Emotional Intelligence, and Suicidal Ideation in Emerging Adulthood

**BS Applied Psychology** 2013 - 2017  
Kinnaird College for Women, Pakistan  
CGPA: 3.79  
Thesis Topic: Exploration of Gender Role Conflicts in Male-to-Female Transgender Individuals: An IPA Study

## Work Experience

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**Clinical Psychologist** Nov 2020 - Aug 2021  
*Punjab Institute of Mental Health*

- Provided psychotherapy incorporating cognitive-behavioral, client-centered and dialectical behavioral therapy to treat wide range of psychological problems in patients.
- Used imaging and relaxation techniques to develop strengthening and safe zones to facilitate processing of trauma.
- Maintained confidential records related to individual patient treatment.

**Psychology Manager** Aug 2019 - Jan 2020  
*Salman Zafar Immigrations*

- Partnered with UK psychologists to develop Medico-Legal reports for asylum seeking individuals
- Preparing statistical data required by research and development department

**Virtual Assistant** Jan 2019 - Present  
Amazon

- Listing creation to product research and listing optimization
- Competitor analysis, keyword research, store optimization, and order management

## Manuscripts Under Review

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- **Majeed, R., & Ahmad, M.** (2017). Exploration of gender role conflicts in male-to-female transgender individuals
- **Majeed, R., & Naz, M. A.** (2019). Identity crisis, emotional intelligence, and suicidal ideation in emerging adulthood.

## Presentations

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- Majeed, R., & Naz, M. A.** (2020). Identity crisis, emotional intelligence, and suicidal ideation in emerging adulthood. In: Prospects of low intensity CBT in global mental health. Lahore, Pakistan. International Conference, Oral Presentation. 2020
- Majeed, R., & Ahmad, M.** (2020). Psychological Well-being and gender role conflicts in male-to-female transgender individuals. In: National conference on qualitative psychology. Lahore, Pakistan. National Conference, Oral Presentation. 2020
- Majeed, R., & Ahmad, M.** (2017). Exploration of gender role conflicts in male-to-female transgender individuals: An IPA study. In: Health Psychology: Issues and Challenges. Lahore, Pakistan. International Conference, Oral Presentation. 201

## Volunteer Experience

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### Health Counselor

*Ganga Ram Hospital*

Jan 2019 - May 2019

Identifying and addressing biological, social, and psychological factors to chronic illness, Understanding health and illnesses from a broader perspective

### Volunteer at Mayo Hospital

March 2020 - Nov 2020

My main responsibilities were undertaking psychological assessments, diagnosing and devising individualized intervention plans. Implementation of cognitive behavioral therapy and dialectical behavior therapy techniques to help patients deal with their mental health issues

## Certifications

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- Preparing to Teach in the Online Environment Workshop** 2021  
*Center for Engaged Teaching and Learning, University of California, Merced*
- National Conference on Qualitative Psychology** 2020  
*NUST, Department of Behavioral Sciences*
- Neuropsychological Assessment: When and How** 2019  
The Psych Lounge: Student Wellness and Health Promotion
- International Conference of the Pakistan Psychiatric Society** 2018  
Government College University, Lahore
- IBM SPSS AMOS Structure Equation Modeling** 2017  
Government College University, Lahore
- Cognitive Behavioral Therapy with Adults** 2017  
Services Institute of Medical Sciences
- Health Psychology: Issues and Challenges** 2017  
Government College University, Lahore
- Hypnosis, NLP, and Timeline Therapy** 2017  
Kinnaird College for Women, Lahore

## Academic Awards

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- Fulbright Foreign Student Scholarship Program 2021
- Silver Medal- MS Clinical Psychology 2020

## **Professional Memberships**

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Pakistan Association of Clinical Psychologist

2020 - Present

Psi Chi, International Honor Society in Psychology

2020 - Present

American Psychological Association

2019 - Present

British Psychological Society

2018 - Present