

Jacob Sarkis Markarian

1730 W. Dovewood Lane Fresno, CA 93711 sarkisatcal@berkeley.edu (559) 470-8687

EDUCATION

2018-2021, **B.A. in Rhetoric, UC Berkeley (GPA: 3.59)**

2016- 2018 **Fresno City College (Leon S. Peters Honors Program)**

RESEARCH INTERESTS

- Prevention science and psychological interventions on youth and families
- Treatments for stressful experiences in infancy and childhood (family instability, abuse)
- Effects of adversity in early lifespan on social and general cognitive development

RESEARCH EXPERIENCE

Research Assistant, August 2020- Present, *Social Psychology Lab*

Haas School of Business, UC Berkeley, Berkeley, CA

Principal Investigator: Cameron Anderson, Ph.D., Co-Investigator: Angus Hildreth, Ph.D.

- Led and conducted a lab-wide literature review project culminating in a manuscript for submission to an academic journal. Oversaw the collection and analysis of over 110 articles for data collection and theory development. Managed a team of 10 undergraduate students and reported weekly progress to PI.
- Assisted with the preparation and execution of 5 different large-scale experiments. These included both human subjects research and online surveys.
- Attended weekly meetings to discuss research progress, findings, and ideas for future research implementation.
- Trained in conducting human subjects research and ran an average of 3 experiments weekly with human subjects.

CLINICAL EXPERIENCE

Discovery Behavioral Health, **Mental Health Technician**, March 2021- Present

- Engaging patients by conducting therapeutic groups based on coping skills, relapse prevention, emotional regulation, life skills, and DBT.
- Maintaining electronic patient records and updating to reflect changes in dietary habits, mood, educational and learning habits, and emotional disturbances.
- Communicating individual patient progress to staff therapists and technicians.

- Distributing medications to patients according to attending physician's orders.
- Supervising patients throughout the duration of the shift, responsible for maintaining safe work environment and preventing patient injuries or self-inflicted harm.

Fresno Unified School District, **Peer Mentor**, January-May 2015.

- Mentored a younger student who was deemed to have behavioral issues by the school district. Met with the students as a group on a weekly basis, and individually with students weekly.
- Worked with younger students on study skills, interpersonal skills, and behavioral skills. Monitored homework progress and interaction with peers.
- Developed and implemented weekly plans to improve student outcomes in academics and peer socialization. Reported to several supervisors including school counselors and district officials.
- Raised student scores by an average of one letter grade and significantly increased the ability of students to socialize with peers successfully.

TEACHING EXPERIENCE

Transform Tutoring, **Tutor**, February 2021-Present.

- Instructing students in subject areas of reading, writing, history, philosophy, and test preparation.
- Preparing and instructing a course on test anxiety for students entering high school and college.

HONORS & AWARDS

2015-Academic Scholar Award, *Senator Tom Berryhill*

2016-Leon S. Peters Honors Program, Student

2017-Dean's List (Leon S. Peters Honors Program)

2020-Recipient of the Grand Lodge Scholarship (\$1,000).

2020-Recipient of the Knights of Vartan (Yeprad Talij) Scholarship (\$1,000).

PUBLIC SERVICE & ENGAGEMENT

- ARTogether, **Social Media and Donations Coordinator** April 2019-July 2019. Helped oversee marketing donations and resources for a non-profit serving the mental health needs of immigrant communities related to trauma and stress.
- Bullard High School, **Youth Football Coach** October 2013-December 2015. Coordinated weekly football camps for 100 elementary school-aged children. In addition to skill development, instructed students on teamwork, sportsmanship, and proper technique.

CONTINUED EDUCATION & TRAINING

- **CITI Program.** Social & Behavioral Research; Human Subjects. 2020.

ADDITIONAL SKILLS

Basic: Python, MATLAB, Turk Prime, Turk.

Intermediate: Qualtrics, Sona, Spanish (high conversational level)

Proficient: Word, PowerPoint, Excel, Social Media Management, Mailchimp, Report Writing.

Fluency: Western Armenian (read, write, speak,), Eastern Armenian (read, write, speak).

REFERENCES

Professor Nadesan Permaul, UC Berkeley, Dept. of Rhetoric. (permaul@berkeley.edu).

Professor Nate Atkinson, UC Berkeley, Dept. of Rhetoric. (n8atkinsonberkeley.edu)

Professor Angus Hildreth, Cornell University, Dept of Business. (jdh362@cornell.edu)