

THAIS ZANATTA BENOIT

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EDUCATION

Ph.D. in Health Psychology University of California, Merced <i>Advisor:</i> Martin Hagger	08/2020 – 05/2024 Merced, CA (USA)
Master of Science in Kinesiology Texas Tech University <i>Advisor:</i> Marc Lochbaum	01/2018 – 05/2019 Lubbock, TX (USA)
Bachelor of Physical Education Universidade Federal de Viçosa <i>Advisor:</i> Israel Teoldo	03/2010 – 01/2016 Viçosa, MG (Brazil)
Foreign Exchange Student Abilene Christian University	08/2013 – 12/2014 Abilene, TX (USA)

RESEARCH EXPERIENCE

Research Assistant Texas Tech University <i>PI:</i> Dr. Marc Lochbaum	05/2018 – 12/2019 Lubbock, TX (USA)
Research Assistant Centre of Research and Studies in Soccer (NUPEF) <i>PI:</i> Dr. Israel Teoldo	09/2012 – 07/2013 Viçosa, MG (Brazil)

TEACHING EXPERIENCE

Graduate Teaching Assistant University of California, Merced Course: The Psychology of Prejudice and Stereotyping	08/2021 – Present Merced, CA (USA)
Graduate Teaching Assistant University of California, Merced Course: Positive Psychology	01/2021 – 05/2021 Merced, CA (USA)
Graduate Teaching Assistant University of California, Merced Course: Social Psychology	08/2020 – 12/2020 Merced, CA (USA)

Graduate Teaching Assistant
Texas Tech University
Course: Diet and Exercise

01/2018 – 12/2019
Lubbock, TX (USA)

TRAINING AND CERTIFICATES

Methods for meta-analysis CIBER	11/2020 Online (USA)
Mental Health First Aid USA	12/2019 Lubbock, TX (USA)

PUBLICATIONS PEER REVIEWED

1. Lochbaum, M., **Zanatta, T.**, Kirschling, D., & May, E. (2021). The Profile of Moods States and Athletic Performance: A Meta-Analysis of Published Studies. *European Journal of Investigation in Health, Psychology and Education*, 11(1), 50–70. doi:10.3390/ejihpe11010005
2. Lochbaum, M., **Zanatta, T.**, & Kazak, Z. (2019). The 2 × 2 Achievement Goals in Sport and Physical Activity Contexts: A Meta-Analytic Test of Context, Gender, Culture, and Socioeconomic Status Differences and Analysis of Motivations, Regulations, Affect, Effort, and Physical Activity Correlates. *European Journal of Investigation in Health, Psychology and Education*, 10(1), 173–205. doi:10.3390/ejihpe10010015
3. **Zanatta, T. C.**, Rottensteiner, C., Konttinen, N., & Lochbaum, M. (2018). Individual motivations, motivational climate, enjoyment, and physical competence perceptions in Finnish team sport athletes: A prospective and retrospective study. *Sports*. 6(4), 165. doi:10.3390/sports6040165
4. **Zanatta, T. C.**, Freitas, D., Carelli, F., & Costa, I. (2018). O perfil do gestor esportivo brasileiro: Revisão sistemática da literatura. [The profile of Brazilian sport managers: A systematic review of the literature] *Movimento (ESEFID/UFRGS)*, 24(1), 291-304. doi:10.22456/1982-8918.73803
5. Souto, A. L., Lima, L. M., Castro, E. A., Veras, R. P. Segheto, W., **Zanatta, T. C.**, & Doimo, L. A. (2015). Blood pressure in hypertensive women after aerobics and hydro gymnastics sessions. *Nutrición Hospitalaria*, 32, p. 823-828. doi:10.3305/nh.2015.32.2.9228

PEER REVIEW

Health Psychology (1)	2020
Annals of Behavioral Medicine (1)	2021
International Journal of Sports Science and Coaching (1)	2021
International Journal of Sport and Exercise Psychology (1)	2021

PRESENTATIONS

Zanatta, T. C., & Lochbaum, M. (2019). Sport Motivation Scale: A meta-analysis. *In: Research Poster Competition*. Lubbock, TX, USA. Poster Presentation.

Zanatta, T. C., & Lochbaum, M. (2018). Individual and climate perceptions of Finnish youth team sport athletes. *In: North American Society for the Psychology of Sport and Physical Activity (NASPSPA)*. Denver, CO, USA. National Conference. Oral Presentation.

Zanatta, T. C., & Lochbaum, M. (2018). Individual perceptions of Finnish youth team sport athletes. *In: Research Poster Competition*. Lubbock, TX, USA. Poster Presentation.

Zanatta, T. C., Sodré, P. V. S., & Freitas, D. M. (2017). História da administração esportiva no Brasil: Realidades e perspectivas. [History of sport management in Brazil: realities and perspectives]. *In: Anais SIMPAC*, Viçosa, Brazil. Poster Presentation.

Zanatta, T. C., Doimo, L. A., Segheto, W., Pereira, P. R., & Santos, F. A. (2012). Imagem corporal em mulheres praticantes de atividade física. [Body image perceptions of women practicing in physical activity]. *In: 35th National Symposium of Sport Science. Revista Brasileira de Ciência e Movimento*, 20, 195. São Paulo, Brazil. Poster Presentation.

SCHOLARSHIPS & FELLOWSHIPS

Coach James McNally Endowment Texas Tech University	05/2018 Lubbock, TX (USA)
Ciências Sem Fronteiras Brazilian National Council for Scientific and Technological Development (CNPq)	08/2013 – 12/2014 (Brazil-USA)
Fundação Arthur Bernardes Universidade Federal de Viçosa	09/2012 – 07/2013 Viçosa, MG (Brazil)
Introduction to Research Brazilian National Council for Scientific and Technological Development (CNPq)	08/2011 – 07/2012 Viçosa, MG (Brazil)

AWARDS

Development Support Award University of California Merced	11/2020 Merced, CA (USA)
Research Poster Competition Texas Tech University	04/2018 Lubbock, TX (USA)
Arthur Bernardes Universidade Federal de Viçosa	01/2016 Viçosa, MG (Brazil)

PROFESSIONAL AFFILIATIONS

Society of Health and Physical Educators	03/2019 – Present
American Psychological Association	03/2019 – Present
Center for Self-Determination Theory	04/2019 - Present
Society of Personality and Social Psychology	10/2020 – Present
Association for Psychological Science	11/2020 – Present

Society for the Teaching of Psychology	11/2020 – Present
UC Merced Health Science Research Institute	11/2020 – Present
Society of Behavioral Medicine	11/2020 – Present
International Society for Physical Education and Health	05/2021 – Present
Society for Transparency, Openness and Replication in Kinesiology	06/2021 - Present

LANGUAGES

Portuguese: Native

English: Proficient

Spanish: Proficient